

Diploma of Sport and Recreation

SRO50106, CRICOS 062936E, SRO40106, CRICOS 062300G

Course Outline

This course provides students with the knowledge and skills for employment within the sport and recreation industry at a supervisory level and develops skills related to administration and management of facilities, events and programs. Students will also develop skills in leadership, coaching and instruction. Chisholm diploma graduates are well prepared for future university study.

Traditional methods of assessment, such as written reports, exams, and presentations, practical and group projects form a large part of assessment requirements. Depending on electives, students can also gain: Fitness Instructor certification, Austswim Certificate (swim teacher), Pool Lifeguard Certificate and Community Bronze Surf Lifesaving.

Campus

Berwick

Duration

2 years

Intake

February

Costs (2012 Intake)

Year 1 \$10,400 + \$560 Materials Fee

Year 2 \$10,400 + \$1,150 Materials Fee

Entry Requirements

Equivalent Year 12

Equivalent IELTS 5.5

CORE MODULES

CAMP MANAGEMENT

MANAGE MEETINGS

Determine needs of client populations

Students will learn the skills to research, organise and implement all aspects of a residential camp for our incoming first year students.

PRACTICAL PLACEMENT

Lead work teams

A terrific opportunity for students to involve themselves in industry, performing a leadership role within a camp, program or clinic.

TEAM CHALLENGE

Manage projects

Another practical outcome for this subject area. Students will undergo an intense and thorough organisation process and implement a team challenge activity day.

CULTURE AND EDUCATION

Manage culture and education

Explores the cultural and education issues restricting participation in sport and recreation, and strategies to attract non-participants.

ETHOS OF PLAY

Foster the values and ethos of play

Looks at different levels and interests in participation in sport and recreation for those who don't necessarily seek competitive participation.

OH&S / RISK

Establish, maintain and evaluate OH&S

Manage an organisation's risk

Looks at recognised policies and procedures of occupational health and safety in a sport and recreation environment, identification of potential risks and elimination.

INFORMATION TECHNOLOGY

Use advanced features of computer applications

Understanding more advanced technology in the Sport and Recreation industry and undertaking projects using computers and information technology.

SPECIALISATION MODULES (1 area)

RECREATION TOURISM

Develop and implement a leisure and recreation tourism strategy

Develop and maintain a competitive pricing strategy for a leisure and recreation service

Studies the newer concepts of the relationship between Tourism and Recreation, and the potential to establish recreation programs and businesses around tourism.

PSYCHOLOGY AND SOCIOLOGY

Apply an understanding of psychology to expand participation in a leisure and recreation service

Apply an understanding of sociology to expand participation in a leisure and recreation service

Considers the application of psychology and sociology in understanding why people participate and how we can increase participation.

LONG TERM TRAINING

Plan and prepare long term program

Conduct, monitor and adjust long term program

Evaluate, analyse and modify long term program

Developing further skills to plan, prepare and conduct long term sport and recreation programs.

ELECTIVES

SPORTS TRAINER - COMPULSORY

Sports first aid

Students will undergo training and accreditation in Sports Trainer Level 1.

ADMINISTRATION- COMPULSORY

Finance

Prepare budgets and financial plans

Human resources

BSBHR506A Manage recruitment, selection and induction

Marketing

Implement and monitor marketing activities

Build client relationships

Make a presentation

Investigating sports administration and management areas of Finance, Marketing and Human Resources. A greater insight into the realities of the industry.

ELECTIVE OPTION 1 – FITNESS

FITNESS

Provide information to clients

Undertake client induction and screening

Develop basic fitness programs

Apply basic exercise science

Use and maintain core fitness industry equipment

Provide advice on basic anatomy and physiology

Provide nutrition advice to clients

Instruct fitness activity skills

Customise gym instructional skills

Develop and apply awareness of specific populations

Students selecting this option will undergo all of the required modules to attain an industry qualification to allow employment as a Gym Instructor.

ELECTIVE OPTION 2 - AQUATICS

AUSTSWIM

Respond to an aquatic emergency using basic water rescue techniques

Principles of movement to water

Water familiarisation, buoyancy and mobility

Instruct water safety and survival

Instruct the strokes of swimming

Philosophy and structure of aquatics industry

POOL LIFEGUARD

Monitor pool water quality

Maintain pool water quality

Supervise clients at an aquatic facility

Respond to an aquatic emergency using advanced water rescue techniques

SURF LIFESAVING

Implement minimal environmental practices

Apply basic outdoor recreation logistics

Plan outdoor recreation activities

Apply surf survival and self rescue skills

Perform basic surfing manoeuvres in controlled conditions

Perform a simple rescue in moderate surf conditions

Students selecting this option will undergo all of the required modules to attain the industry qualifications to allow employment as a

Swimming Teacher, Pool Lifeguard and Surf Lifesaver.

Assessment

Traditional methods of assessment, such as written reports, exams, and presentations. Practical and group projects form a large part of assessment requirements.

Career Opportunities

Sport and recreation programming, administration, coaching and instruction, events coordination and management.

Further study

University degree courses in Sport and Recreation

Certificate IV in Sport and Recreation

The Certificate IV is included in the Diploma, and makes up the first year of the Qualification

CORE MODULES

BUSINESS COMMUNICATION

Exercise initiative in a business environment
Develop work priorities
Conduct projects

Examines the business and administration aspects of the Sport and Recreation industry, particularly organisation of time and resources, working with a team and individuals, communication skills, leadership and developing ideas.

CLIENT SERVICES

Create client relationship
Deal with client feedback
Address client needs
Co-ordinate client service activities

Dealing with client services within the Sport and Recreation industry, exceptional customer service, dealing with complaints and difficult clients and assessing the client's needs.

INDUSTRY KNOWLEDGE

Apply sport and recreation law
Analyse participation patterns in sport and recreation
Promote compliance with laws

Introduces the infrastructure of the Sport and Recreation industry and investigates the associated laws, policies and guidelines to ensure quality and professionalism.

OH&S/RISK

Follow defined OH&S policies and procedures
Implement and monitor the organisation's OH&S policies and procedures
Undertake risk analysis of activities

Looks at recognised policies and procedures of Occupational Health & Safety in a Sport and Recreation environment, identification of potential risks and elimination of risks.

TECHNOLOGY

Operate computing packages

Understanding the role of technology in the Sport and Recreation industry and undertaking projects using computers and information technology.

STREAM MODULES

EVENTS

Co-ordinate guest registrations
Organise meeting/event
Meet client needs and expectations
Organise in-house functions
Develop and update knowledge of protocol
Select event venues and sites

Focuses on the issues relating to the operation and management of Sport and Recreation facilities and events and all associated programs.

FACILITIES AND RESOURCES

Maintain equipment for activities

Maintain sport and recreation facilities
Implement facility maintenance programs
Plan and provide sport and recreation services
Coordinate facility and equipment acquisition and maintenance
Contribute to planning, monitoring and control of resources
Minimise waste and pollution

This area of study covers specific facility management and resource management practices used within the sport and recreation industry.

ELECTIVE MODULES

FIRST AID

Provide first aid

Provide advanced first aid response

Students will undergo training and accreditation in Level 2 First Aid with an emphasis placed upon treating patients in a sport and recreation environment.

SPORT ADMINISTRATION

Develop and maintain volunteer participation

Develop effective club management

Deals with the main issues relating to effective sports administration and management.

COACHING & INSTRUCTION

Assist in preparing sport and recreation session

Assist in conducting sport and recreation session

Provide equipment for activities

Plan a session or program for participants

Conduct a sport and recreation session

Organise a sport and recreation program

Conduct a sport and recreation program

Developing the skills to plan, prepare and conduct a range of sport and recreation sessions and programs

GROUPS

Facilitate a group

Deal with conflict

Provide leadership to groups

Understanding and management of group dynamics and leadership techniques

MEDIA MANAGEMENT

Prepare for public speaking

Plan for and participate in media interview

Demonstrate personal image and [presentation skills

Develop negotiation skills

Developing skills in preparing and delivering speeches and interviews using a variety of media. Also looks at professional presentation and negotiation skills.

Need more information? Want to apply?

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Please note: All information is correct at time of publication (November 2011). Chisholm Institute reserves the right to alter this information and/or withdraw courses listed.